

PARLIANI, DKK

THE 2ND BORNEO INTERNATIONAL
NURSING CONFERENCE

INC2017

*“Improving Quality of Care through Primary Health
Care Management: Education, Practice, and
Research”*



MENGESAHKAN :
Copy sesuai dengan aslinya
Wakil Ketua I
Bidang Akademik

LESTARI MAKMURIANA, S.Kep.Ns.,M.Pd.,M.Kep
NBM : 9950

Editor:
Hendra dan Parliani



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The 2nd BORNEO INTERNATIONAL NURSING CONFERENCE
NURSING INSTITUTE OF MUHAMMADIYAH,
PONTIANAK, WEST BORNEO, INDONESIA.
ON AUGUST 19 – 20, 2017

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: Rahmat Hidayat.

Members

- : 1. Ridwan.
2. Chairani.
3. Heriansyah.

WELCOMING SPEECHES

Dear Colleagues,



Welcome to the 2nd Borneo International Nursing Conference (INC2017) which is being held in Pontianak, West Borneo Indonesia on 19th – 20th August 2017. On behalf of the Steering Committee, I greatly appreciate the benefit of your participation and contribution to the conference. The theme of this conference is “Improving Quality of Care Through Primary Health Care Management : Education, Practice, and Research” that will discuss the major of nursing field from research, education to clinical practice. In addition this conference will be many opportunities for hands-on learning and networking as well as exciting social events. Pontianak, West Borneo is one of the most cities of Indonesia with many culture and many tourist sites. We very much hope that you will be enjoy your time out in Pontianak, in addition to your attendance at the 2nd Borneo International Nursing Conference (INC2017) which is being held in Pontianak, West Borneo Indonesia. See you all in Pontianak, West Borneo, Indonesia.

Yours sincerely,

Supriadi, BSN., MHS.

The Chair Of The Institute Of Nursing Muhammadiyah Pontianak.

Dear Friends and Colleagues,



On behalf of President The 2nd Borneo International Nursing conference 2017 in Pontianak, West Borneo, Indonesia, with great pleasure that we invite you to join us at The 2nd Borneo International Nursing Conference 2017 (INC2017) in Pontianak, West Borneo, Indonesia. We fully expect that The 2nd Borneo International Nursing Conference 2017 meeting will be a great success and further strengthen INC as an excellent platform for the exchange of clinical and scientific knowledge on the latest developments and emerging challenges in nursing profession, because INC2017 will offer an extensive scientific program including numerous symposia, oral and poster presentation, focus sessions with leading international expert in the field of nursing.

The 2nd Borneo International Nursing Conference to be held in Aston Hotel, Pontianak, West Borneo, Indonesia from the 19th to the 20th of August 2017. The theme of the conference is “Improving Quality of Care Through Primary Health Care Management : Education, Practice, and Research”. We are sure that through a good education, practice, and research in primary health care management will be improving quality of care for human societies.

Pontianak, West Borneo, Indonesia welcome you to enjoy what will be an excellence conference and to enjoy much more heritage of multi racial and multi culture.

I am proud to give you a warm welcome to the 2nd Borneo INC 2017 Pontianak, West borneo, Indonesia and look forward to seeing you all.

Yours sincerely,

Lilis Lestari, BSN., MSN.

President The 2nd Borneo INC 2017

Dear Colleagues,



On behalf of the Chair of International Advisory Board of International Nursing Conference 2017 (INC2017) in Pontianak, we would warmly welcome your participation and contribution to this event The 2nd Borneo International Nursing Conference.

The conference will be held on 19th - 20th August 2017 in Aston Hotel, Pontianak – Indonesia. The theme of the conference is “Improving Quality of Care Through Primary Health Care Management : Education, Practice, and Research”. In this conference we are going to learn important issues and exchange ideas on current research and clinical topics on nursing science that will be improving quality of life for patient or community.

The 2nd Borneo International Nursing Conference will be an important of cultural unity, because this INC be held in Pontianak, West Borneo. This city with many racial and culture has much to see and do.

We hope you all enjoy the conference and your participation and contribution that will stimulate a creative exchange of ideas and will be personally rewarding on nursing science. We wish you an enjoyable stay in Pontianak, and hope that our efforts will exceed your expectations.

Yours sincerely,

Suriadi, MSN., AWCS., Ph.D

The Chair of International Advisory Board

Dear Participants and Colleagues,



Assalamu'alaikum Wr Wb

All praises are due to Allah SWT that had given blessing, strength and knowledge in finishing the event. Shalawat and Salam also propose to The Prophet Muhammad SAW, the Uswatun Khasanah for all muslim. In this very special moment, I would like to express my deepest thank to the committee who work hard for making this event of The 2nd Borneo International Nursing Conference. I wish to express my deep appreciation to colleagues from overseas or Indonesia itself, sponsorship which great participate in this event.

I would like to thanks to all participants who want to join this event warmly and spirit. I hope this event will make benefit for us that will encourage our experiences in scientific writing and research. This event is great event to open our mind to share our knowledge and make good relationship between us to join research or other cooperation.

I want to warm welcome to you in The 2nd Borneo International Nursing Conference with happy and wonderful welcoming to meet together and enjoy our country, especially our city Pontianak, West Borneo, Indonesia. Beside research, this event will show you how unique and beautiful culture of Indonesia and West Borneo, share the culture will encourage our performance too in Education, Practice and Research.

Please come and enjoy the 2nd Borneo International Conference on August 19th – 20th, 2017.

Yours sincerely,
Parliani, BSN, MNS
The Chair of Scientific Committee

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SYMPOSIUM AND PRESENTATION SCHEDULE

1st Day, August 19th 2017

Time	Agenda
07.00 – 08.00	Registration
08.00 – 08.20	Opening and welcoming (Dancing and Tapak Suci)
08.20 – 08.30	Doa
08.30 – 08.40	Reading Al-Qur'an
08.40 – 08.50	Sing Songs of Indonesia Raya and Mars Muhammadiyah
08.50 – 09.20	Welcoming Speech from: <ol style="list-style-type: none"> 1. The head of Nursing Institute of Muhammadiyah Pontianak 2. Governor of West Borneo
09.20 – 09.25	Giving souvenir to the Governor of West Borneo
09.25 – 09.30	Closing
09.30 – 11.30	Symposium 1
11.30 – 12.30	<i>Sho – Is – Ma</i>
12.30 – 14.30	Oral Presentation
	Oral Presentation
	Oral Presentation
	Poster Presentation
14.30 – 15.30	<i>Sho – Is – Ma</i>
15.30 – 17.00	Oral Presentation
	Oral Presentation
	Oral Presentation
	Poster Presentation
17.00 – 19.00	<i>Sho – Is – Ma</i>
19.00 – 21.00	Dinner

2ND DAY, AUGUST 20TH 2017

Time	Agenda
07.00 – 08.00	Registration
08.00 – 11.30	Symposium 2
11.30 – 12.30	ISHOMA
12.30 – 14.30	Closing Ceremony and Announcement of the Best Oral and Poster Presentation
14.30 – 15.30	ISHOMA

SCHEDULE OF SYMPOSIUM 1

Room : 1

Date : August 19th, 2017

Time : 09.30 – 11.30 WIB

Time	Name	Univ/Country	Title of Presentation
09.30 – 09.45	Prof. Tan Yibing	University of Chinese Medicine, China	Disaster Preparedness among Nursing Students in Asia: a Cross Sectional Survey on Current Status and Demand of Disaster Nursing Education
09.45 – 10.00	Rose Nanju, RN., MN	Universitas Malaysia	Nurses Leading Primary Health Care: Hospice Care



		Serawak, Malaysia	
10.00 - 10.15	Assist. Prof. Dr. Sauwamas Khunian Theunnade	Khon Kaen University, Thailand	-
10.15 – 10.30	Julius C. Dano, RN., MN., MPHC	Cebu Normal University, Philippine	To Leave or to Live: Understanding the Lived Experiences of the Out of School Youths Victims of the Typhoon Hajjan in Caputatan Norte, Medellin, Cebu
10.30 – 10.45	DR. Suriadi NIRA: 61120134733	Nursing Institute of Muhammadiyah Pontianak, Indonesia	-
10.45 – 11.30	Discussing		

SCHEDULE OF SYMPOSIUM 2

Room : 1

Date : August 20th, 2017

Time : 08.00 – 11.30 WIB

Time	Name	University	Title of Presentation
08.00 – 08.15	Sri Yulia, S.Kp., M.Kep	STIKES Muhammadiyah Palembang	Safe Staffing for Quality of Nursing Care
08.15 – 08.30	Fitri Arofiati, S.Kep., Ns.,	University of Muhammadiyah	Continuing Competence Model for Practicing Nurses in

	MAN., Ph.D	Yogyakarta	Indonesia
08.30 – 08.45	Cau Kim Jiu, SKM., M.Kep., Ph.D (Cand.)	Nursing Institute of Muhammadiyah Pontianak	Phenomena Family Who Had Children with Autism in Indonesia
08.45 – 09.00	Haryanto, MSN., Ph.D (Cand.)	Nursing Institute of Muhammadiyah Pontianak	Chronic Wound and Biofilm
09.00 – 09.15	Wisnu Sadhana, MSN	Nursing Institute of Muhammadiyah Pontianak	Adherence to Medication and Self-Care among the Elderly with Hypertension in Nursing Homes in Yogyakarta Indonesia
09.15 – 11.30	Discussing		

ORAL PRESENTATION SCHEDULE

Room : 1

Date : August 19th, 2017

Time : 12.30 – 14.30 WIB

No	Name	Univ/Country	Title of Presentation
1	Antonieta G. Obiedo., Joni Inocencia F Gonzaga., & Jake Caneda	Cebu Normal University, Philippine	Something New, Somewhere New, Sommeone New
2	Melinda C. Pausanos	University of Bohol, Philippine	Predictors of Self- Actualization
3	Esperidion B.	Cebu Normal	The Net Contribution of the

	Corvera., Emmiliano Ian Suson., & Laurence Garcia	University, Philip pine	Level of Awareness on the Psychological Status of the Post Disaster Victims
4	Worawut Saengthong and Jirawan Tanwattanakul	Khon Kaen University, Thailand	Junk Food Consumption and Nutritional Status of High School Students in Surin Province
5	Tiara Amalia Mentari., Ramadhaniyati., Maria Fudji Hastuti., & Lilis Lestari	Tanjung Pura University, Indonesia	Nesting And Prone Position To Increase Oxygen Saturation In Preterm At Hospital X Pontianak City, Indonesia

ORAL PRESENTATION SCHEDULE

Room : 2

Date : August 19th, 2017

Time : 12.30 – 14.30 WIB

No	Name	Univ/Country	Title of Presentation
1	Nursia Mani Barjose & Vicenta T. Escobar	Cebu Normal University, Philippine	Case Studies on the Realities of Older People's Experiences of Abuse
2	LI Jiaying	Guang Zhou University of Chinese Medicine, China	Clinical Observation on Peptic Ulcer with Upper Gastrointestinal Bleeding by Nursing Intervention
3	Francis Theres C. Aparece., Norie Jane G.M., Nestlen Khim	Cebu Normal University, Philippine	Dust after the Fall: Exploring the Lived Experiences of Young Motorcycle Drivers from Motor

	D.P., & Laurence L. Garcia		Vehicular Accidents
4	Mark Gilbert S. Milallos. , Sheila Mae L.R., & Laurence L. Garcia	Cebu Normal University, Philippine	Going Beyond Skin Deep: Life after Leprosy

ORAL PRESENTATION SCHEDULE

Room : 1

Date : August 20th, 2017

Time : 15.30 – 17.00 WIB

No	Name	Univ/Country	Title of Presentation
1	Lilis Lestari. , Herini E.S., & Gamayanti I.L	Nursing Institute of Muhammadiyah Pontianak, Indonesia	Experiences and Awareness of Main Caregiver in Providing Sex Education in Adolescents with Autism Spectrum Disorders in Pontianak Municipality, West Borneo, Indonesia: A Qualitative Study
2	Hazel L. Caneda. , Jillian A. Bejo., & Aida A. Inabangan	Cebu Normal University, Philippine	Lived Experiences of First Responders in Caputatan Norle during Yolanda's Wrath
3	Filomena T. Dayagbil., Angeline M. Pogoy., Carmel Vip Derasin., & Emiliano Ian B. Suson II	Cebu Normal University, Thailand	Flipped Classroom: Maximizing Face Time in Teaching and Learning across Disciplines
4	Jose Mari Louis G.	Cebu Normal	Perceptions of Incoming First

	Alforque., Jezyl C. Cutamora., & Christine Joy B. Anog	University, Philippine	Year Students to Nursing as a College Course
5	Jillian A Bejoc., Lagrimas G. Elizon., & Joni Inocencia F. Gonzaga	Cebu Normal University, Philippine	“Blown Out, Safely Homeward Bound” (Lived Experiences of Mothers during Yolanda’s Wrath

POSTER PRESENTATION SCHEDULE

Room :-

Date : August 19th – 20th, 2017

No	Name	Univ/ Country	Title of Poster Presentation
1	Astri J., Lely Lusmilasari., & Yayi Suryo Prabandari	Politeknik Negeri Nusa Utara, Indonesia	Relation between Mother’s Hygiene and Healthy Lifestyle Behavior (HHLB) and Diarrhea Incidents on Children in Sangihe District
2	Huang Ruina	Guang Zhou University of Chinese Medicine, China	The Therapeutic Effect Comparison of Xiangsha Liujunzi Decoction High Position Retained Enema Therapy with Oral Therapy in Acute Nausea and Vomit by Breast Chemotherapy
3	Sutthiporn Sriprachote., Jirawon Tanwattanakul., & Juraporn Tangpukdee	Khon Kaen University, Thailand	Effects of a Parent Self- Efficacy and Outcome Expectation promotion Program on Weight Control among Preschool Children with Obesity
4	Lilis Lestari.,	Nursing Institute	Differences Toilet Training

	Rahayu, M.H., & Kurniati, F. D	of Muhammadiyah Pontianak, Indonesia	Preparations in Children Toddler with Mother Work and Doesn't Work in the Region Build Onggobayan Dukuh II, Ngestiharjo, Kasihan, Bantul, Yogyakarta
5	Jelita Siska Herlina Hinonaung., Elsi Dwi Hapsari., & Widyawati	Politeknik Negeri Nusa Utara, Indonesia	Effect of Transferring "Health Tips (Kiat Sehat)" Packages Towards Knowledge on Pregnant Mother in Sanghe Island

POSTER PRESENTATION SCHEDULE

Room :-

Date : August 19th – 20th, 2017

No	Name	Univ/ Country	Title of Poster Presentation
6	Gusti Jhoni Putra., Harisma Pratama., Usman., Elyse Maria R., & Novita Kurniasari	Nursing Institute of Muhammadiyah Pontianak, Indonesia	Family Support at Diabetic Foot Ulcer Patient (Kualitatif Study 3 Tribes in West Borneo)
7	Usman., Gusti Jhoni Putra., Jaka Pradika., Lestari Makmuriana., Wuriani., & Maria Putri Sari	Nursing Institute of Muhammadiyah Pontianak, Indonesia	Wound Care Simulation's Effect to Increase Knowledge and Skill to Student In Elementary School

**INTERNATIONAL
KEYNOTE SPEAKERS**

Suriadi, MSN., AWCS., Ph.D

Prof. Tan Yibing, RN., MSN

Assist. Prof. Dr. Sauwamas Khunian Theunnadee

Rose AK Manju, RN., MN

Assoc. Prof. Dr. Julius C. Dano

CURRICULUM VITAE



Suriadi, MSN., AWCS., Ph.D

Date and Place of Birth : July 03, 1967

Nationality : Indonesia

Marital Status : Married

Address : Jalan Sei Raya Dalam, Komplek Mitra Indah Utama 1
No. D. 35 Pontianak

Phone (62)561 711825

Mobile phone +6281219499500

Email address: suriadif@yahoo.com.au

Education

- The University of Indonesia, Faculty of Nursing, at Jakarta 1996
- Post graduate, Faculty of Medicine, Wound Management, Kanazawa University, at Japan 2004
- Doctoral Course, Faculty of Medicine, Wound Management University, at Japan 2007
- Post Doctoral, School of Nursing Queensland University Technology, Brisbane, University 2013

CURRICULUM VITAE



Prof. Tan Yibing, RN., MSN

Professor Tan Yibing (RN, MSN) is an associate professor of nursing school, Guangzhou University of Chinese Medicine, China. She received her undergraduate and postgraduate nursing education at Sun Yat-sen University, China.

Professor Tan's research interest focuses on disaster nursing, especially in relation to strengthen community disaster resilience and nurses' disaster preparedness. She had published 2 book chapters and 10 papers in peer reviewed journals, and is a member of Disaster Nursing Committee of Chinese Medical Association.

CURRICULUM VITAE



Assist. Prof. Dr. Sauwamas Khunlan Theunnadee

Name (in full): Assist. Prof. Dr. Sauwamas Khunlan Theunnadee

Job position:

- Dean, Faculty of Nursing Khon Kaen University, Thailand (2015-2019)
- Associate Dean for Administration and Strategic Plan, Faculty of Nursing Khon Kaen University, Thailand (10 Years)
- The President of Nursing Khon Kaen University Alumni Association (2014-2017)
- The Vice President of Thailand Nurse Association , North Eastern Brance (2014-2017)
- The TNC Broad Committee by election (first round 2010-2013, second round, 2014-2017)

Contact details, telephone, e mail etc.

Mobile phone : 081 6703895, sauthe@kku.ac.th, sauwamas@hotmail.com

Professional and academic qualifications:

- Assistant Professor in Nursing
- Master of Nursing Science
- Ph.D in Development Science
- Certificate in Public Policy Management from Hawaii University, USA
- Certificate in Higher Education Administrator Training in Thailand



- Certificate in RBL in teaching Strategies ,From Illinois State University
- Certificate in Executive Medical Administration in Good Governance Training Programme , Thailand Medical Council and King Rama 7 Institute.
- Certificate in LFC Programme

Date of LFC TOT programme (month/year):19-21, Feb, 2014

Leadership related activity over the previous three years – illustrating ongoing competence as LFC Certified Trainer:

Work as the mentor of the nurse teachers and students in teaching and learning activities in Academic role . Promote positive practice environment (Healthy Faculty) in Nursing Faculty, KKU . Work as nursing leader in NAT and THMC in Executive Broad Committee to promote quality of of Thai nurse in all aspect.

For example: LFC programme involvement or other relevant leadership activity-national committee work etc.

Competency development of Thai Nurse in the 21 st Century Committee(TNMC).

Executive Medical Administration Network in Good Governance Training Programme , Thailand Medical Council and King Rama 7 Institute.

All Trainers C.V.s to be sent with Programme Proposal in order to be recertified for further 3 years.

CURRICULUM VITAE



Rose AK Manju, RN., MN

Academic Post : Lecturer, DS45
Date Joining UNIMAS : 1st November 2007
Qualifications : Master of Nursing, Bachelor of Nursing (Midwifery),
Diploma in Teaching and Learning, Certificate in
Nursing, Certificate in Midwifery, Certificate in
Counseling
Citizen : Malaysian
Appointment Status : Permanent
Email : mrose@fmns.unimas.my
Telephone : 082-581000 ext:5685

CURRICULUM VITAE



Name: : **JULIUS COLONIA DAÑO**
Age : 52 years old
Sex : Male
Birthdate : July 01, 1965
Birthplace : Cebu City, Philippines
Home Address : Nasipit, Talamban, Cebu City, Philippines
Work Address : Cebu Normal University, Jones Avenue, Cebu City,
Philippines
Religion : Roman Catholic
Spouse : Genoveva Tangpos Daño
Contact No. : 0922-8139717, Office No. 032-2544837
E-mail Add : juliuscoloniadano@gmail.com, julius_dano@yahoo.com

EDUCATIONAL BACKGROUND

1972-1978 Elementary Education
Cebu Normal College
Cebu City, Philippines
1978-1982 Secondary Education

	University of San Carlos-Boys High School Cebu City, Philippines
1982-1983	Bachelor of Science in Industrial Engineering Colegio de San Jose Recoletos Cebu City, Philippines
1983-1987	Bachelor of Science in Nursing Cebu State College Cebu City, Philippines
1998-2002	Master of Arts in Education Specialization: Guidance and Counseling Cebu Normal University Cebu City, Philippines
2005-2006	Master of Primary Health Care Flinders University South Australia
2010-present	with 18 units of Doctor in Education Specialization: Educational Management Cebu Normal University Cebu City, Philippines
2011-2013	Master in Nursing Major: Leadership Nursing Cebu Normal University Cebu City, Philippines
2013	Post Graduate course on Developing Skills in Data Collection for Qualitative Health Research University of the Philippines Manila-Department of Public Health
	April 15-19, 2013
2014	with 36 units of Doctor of Science in Nursing Specialization: Gerontology Nursing Cebu Normal University Cebu City, Philippines

EMPLOYMENT BACKGROUND

2016 – Present	Associate Professor III Cebu Normal University Cebu City, Philippines
1990-1998	Staff Nurse Tel Aviv, Israel
1988-1990	Clinical Teacher Cebu Doctor's College – College of Nursing Cebu City, Philippines
1987-1988	Staff Nurse Sacred Heart Hospital Cebu City, Philippines

POSITION/RANK IN UNIVERSITY

1998-2005	Instructor 1
2006-2008	Assistant Professor 1
2008-2012	Assistant Professor II
2012-2016	Assistant Professor III
2016-present	Associate Professor II

LICENSURE EXAMINATION

1987	Nurses Licensure Examination April 30, 1987 Manila, Philippines
2004	IELTS Makati, Philippines

DESIGNATIONS

2016-present	Guidance Counselor, CN Research Chair, CN
--------------	----------------------------------------------

2010-2012 Associate Dean/RLE Coordinator
College of Nursing
Cebu Normal University
Cebu City, Philippines

2009-2010 RLE Coordinator
College of Nursing
Cebu Normal University
Cebu City, Philippines

SUBJECTS TAUGHT

Undergraduate	Basic Nutrition and Diet Therapy 2000-present Community Health Nursing 2006-present Foundations of Nursing 1998-present Strategies in Health Education 2009-present Philosophical-Theoretical Foundations in Nursing
Post-Graduate	Philosophical-Theoretical Foundations in Nursing 2008-2011 Facilitating Learning 2011-present Assessment of Learning 2011-present

EXPERT SERVICES

AACCUP Accreditor Leyte Normal University
Program: EdD, MAT
September 2016
Aklan State University Kalibo Campus
Program: BS-IT, BS-HRM, BS Architecture, BS Info-Tech,
BS-Civil Engineering
September 9-11, 2013

Aklan State University Banga, Aklan
 Program: BS Nursing
 September 12-14, 2013

Northern Negros State College of Science and Technology
 Program: BS Nursing
 November 12-14, 2012

Guimaras State College
 Program: BSBA, BSHRM, BSInfotech
 November 15-17, 2012

Naval State University
 Program: Bachelor of Science in Nursing
 November 2011, November 18-21, 2014

Capiz State University
 Pontevedra Campus
 Program: Bachelor of Science in Nursing
 December 5-7, 2011

West Visayas State University
 Janiuway, Iloilo Campus
 Program: Bachelor of Science in Caregiving **Management**
 December 8-10, 2011

Camiguin Polytechnic State College
 Program: Bachelor of Science in Nursing
 November 15-17, 2010, August 1-4, 2011

Misamis Oriental State College of Agriculture and Technology
 Program: Bachelor of Science in Com Management
 November 18-21, 2010

Research Adviser Masters in Nursing and Masters of Science in Nursing
 Major: Leadership Nursing and Medical-Surgical Nursing

External Mentor Young Minds Academy (2007-2012)
 Eduardo Aboitiz Development Study Center
 Cebu City, Philippines

Resource Speaker Project Nars
 DOLE, DOH, DEP-ED

Sarrosa International Hotel
Cebu City, Philippines
“Quality of Life Through Creative Nursing Care”
Cebu City Medical Center
Cebu City, Philippines
“Critical Thinking in Nursing”
Chong Hua Hospital
Cebu City, Philippines
OHNAP-Cebu: Keeping Ahead
August 4, 2012
Hotel Elizabeth, Cebu City, Philippines
DOING BUSINESS IN FREE TRADE AREAS
Philippine Regulation Commission
Crown Regency Hotel, Cebu City, Philippines
Transcultural Nursing: Promoting Quality Patient Care
PNA Cebu Chapter Inc.
Capitol site, Cebu City, Philippines
“Transfer and Gait”
Cebu City Medical Center
Cebu City Philippines
“Creating a Culture of Patients’ Safety through Critical
Thinking”
Perpetual Succour Hospital of Cebu Inc.
Cebu City, Philippines
7th Pre-Commencement Ceremony of the College of Nursing of
Iligan Institute of Technology of Mindanao State University
April 9, 2014
Annual Capping and Badge Investiture of the College of
Nursing and Commencement Exercises of the Diploma in
Practical Nursing
June 11, 2014
“Modern Nurses: Playing contemporary roles, Providing
Holistic Care and Preserve Nursing Spirituality in the Multi-
Fatih Society”

Colegio de San Antonio de Padua, College of Nursing, Danao
City, Cebu
October 8, 2014

**INTERNATIONAL
SPEAKERSHIP**

“Emergency Nursing”
International Emergency Nursing
Jogyakarta, Indonesia
December 14, 2013

ACHIEVEMENTS

Best Debater
Public Forum Debate
Cebu Normal University, 2009
Cebu City, Philippines
Presidential Citation for Exemplary Teaching Competence
Cebu Normal University, 2008
Cebu City, Philippines

MEMBERSHIPS

Philippine Nurses Association
Manila, Philippines
CNU Faculty Association Inc.
Cebu Normal university
Cebu City, Philippines
Federation of Cebu Normal University Alumni Association
Cebu Normal University
Cebu City, Philippines
Gerontology Nursing Association of the Philippines
2011-2012
Philippine Nursing Research Society Cebu Chapter
2012-2013

LEADERSHIPS

Chairman, Board of Governors
Philippine Nurses Association, 2015-2016

Governor, Region 7
Philippine Nurses Association
Manila, Philippines
2013-2016

President
Philippine Nurses Association Cebu Chapter Inc.
Cebu City, Philippines
2011-2012

Board Secretary/Board of Trustee
Federation of Cebu Normal University Alumni Association
Cebu Normal University
Cebu City, Philippines
2007-2009/2012-13
(2003-2005)(2007-2010)(2013-present)
Board of Trustee
CNU Faculty Association Inc.

INTERNATIONAL BENCHMARKING

“Educational Management Development for Administrative
Council”,
Kuala Lumpur, Malaysia
November 21-26, 2011
Naresuan University
Phitsanulok Province, Thailand
August 2011

NATIONAL RESEARCH FORA

National Multidisciplinary Research Conference 2013
Research Podium Presenter (Best Oral Presenter)
“**The CIPP Model in Evaluating the Primary health Care
Centers in the Affiliated Barangay Health Centers**”

May 22-2, 2013, University of Northern Philippines
Heritage City of Vigan, Ilocos Sur, Philippines

INTERNATIONAL RESEARCH FORA

International Research Conference in Higher Education

Research Podium Presenter

**“The CIPP Model in Evaluating the Primary health Care
Centers in the Affiliated Barangay Health Centers”**

October 3-4, 2013, Manila Hotel

Manila, Philippines

Asian International Conference

Research Podium Presenter

**“The CIPP Model in Evaluating the Primary health
Care Centers in the Affiliated Barangay Health Centers”**

December 12-14, 2013, Inna Garuda Hotel

Jogyakarta, Indonesia

6th Taiwan-Philippines International Academic Communication
Conference, Research Podium Presenter

**“Leadership Competence Awareness of Nursing Deans:
An Analytical Perspective”**

February 8, 2014, Marco Polo Hotel

Cebu City, Philippines

Prepared by:

JULIUS C. DAÑO

ASSOCIATE PROFESSOR 2

CEBU NORMAL UNIVERSITY

CURRICULUM VITAE

1. Name and Title : Fitri Arofiati, SKep.,Ns, M.A N, Ph.D
2. NIDN : 0609097201 / Lektor/ Assistant Professor
3. NIK : 19720909200204 173057
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5. Mobile phone : 06281392462014
6. E-mail : fitri_72@yahoo.com or arofiatifitri@gmail.com
7. Office address : Master of Nursing Program Universitas Muhammadiyah Yogyakarta, Gedung Pasca Sarjana lt. 2, Jalan Lingkar Selatan Tamantirto Kasihan Bantul, Yogyakarta, Indonesia, 55183
8. Office phone : 062274 387656, hunting 215
9. Office fax : 062274 387646

10. Education attainment :

BSN, Gadjah Mada University, Indonesia 2002

Master of Arts in Nursing, Angeles University Foundation, Philippines 2008

Ph.D in Nursing, Khon Kaen University, Thailand 2016

11. Work Experiences

- b. Nurse practitioner, PKU Muhammadiyah Hospital, Yogyakarta, Indonesia 1995-1996

- c. Head of Nurse at ICU PKU Muhammadiyah Hospital, Yogyakarta, Indonesia, 1996-2000
 - d. Lecturer at University of Muhammadiyah, Yogyakarta 2002-2004
 - e. Secretary of School of Nursing, University of Muhammadiyah, Yogyakarta, 2004-2006
 - f. Chair, School of Nursing, University of Muhammadiyah, Yogyakarta, 2009-2011
 - g. Chair, Master of Nursing Science Program, School of Nursing, University of Muhammadiyah, Yogyakarta, 2011-2012
 - h. Chair, Master of Nursing Science Program, School of Nursing, University of Muhammadiyah, Yogyakarta, 2016- up to now
 - i. Clinical Ners Consultant, PKU Muhamamdiyah Bantul Hospital, Indonesia, 2009 – 2012
- 3.2.2 Diabetic Educator, AMC Clinic, 2009-now
 - 3.2.3 Visiting Lecturer, Khon Kaen University, Thailand, 2010
 - 3.2.4 Visiting Lecturer, Cebu Normal University, Philippines, 2012
 - 3.2.5 Visiting Lecturer, Ifugao State University, Philippines, 2012
 - 3.2.6 Visiting Lecturer, Far Eastern University, Philippines, 2012
 - 3.2.7 Visiting Lecturer, Central Taiwan University of Science and Technology, Taiwan, 2016
 - 3.2.8 Visiting Lecturer, Changhua Christian Hospital, Taiwan, 2016

12. Organization/Membership :

Member of PPNI (Persatuan Perawat Nasional Indonesia/Indonesia Nurses Association) 1995-2015

Committee of AINEC (Association of Indonesia Nursing Education), 2009- 2013
Committee of AIPNEMA (Association of Indonesia Nursing Education of Muhammadiyah 'Aisyiyah) 2010-2015

Committee of PPNI/ Indonesia Nurses Association, Province of Yogyakarta, 2011 – 2016

Assessor of Indonesia Committee of Higher Education (BAN PT) 2009-up to now

Member of Muhammadiyah Foundation
Committee of Central 'Aisyiyah Foundation 2015- now

Assessor of Committee of Independence Accreditation on Health Sciences (LAMPTKes) 2014 up to now

Validator of Committee of Independence Accreditation on Health Sciences (LAMPTKes) 2014 up now

13. Research :

1. Sleeping Pattern Disturbance and the Influencing Factors Among Hospitalized Patients at PKU Muhammadiyah Hospital , Yogyakarta (2004)
2. Assessment of The PKU Muhammadiyah Yogyakarta Hospital Hemodialysis Center: A Basis for A Nursing Care Program, 2008

3. The relation between roles and attitudes of Nurses in Giving Informed Consent as Patient's Law Protection at PKU Muhammadiyah Hospital, Yogyakarta, 2009
4. The Effect of Listening Al Quran to The Level of Labor Pain First Stage Active Phase on Primipara in Mergangsan Primary Health Center Yogyakarta, 2009
5. Effectivity of Cognitive Therapy to the Level of Anxiety for Patient with Renal Failure who Undergoing Hemodialysis, at PKU Muhammadiyah Hospital, Yogyakarta, 2010
6. The Level of Knowledge of Nurses about Patient Safety in the Ward of PKU Muhammadiyah Hospital, Yogyakarta, 2010
7. The Differences of Knowledge and Professionalism Attitude between Diploma and Bachelor Nurses in PKU Muhammadiyah Hospital, Yogyakarta, 2010
8. Arofiati, Kusrini (2010), The Differences of Knowledge and Professionalism Attitude between Diploma and Bachelor Nurses in PKU Muhammadiyah Hospital, Yogyakarta
9. The level of knowledge about nursing ethic code and health of law impact to the performance of nurses in providing nursing care plan, 2010
10. Assessment of The PKU Muhammadiyah Yogyakarta Hospital Hemodialysis Center: A Basis for Nursing Care Program
11. The Differences of Healing Process between The Smearing of Propolis 5% and Green Tea 6.4 gr% of Burn Healing on The White Rat (*Rattus Norvegicus*), 2011
12. The Implementation of Universal Precaution by Nurses at PKU Muhammadiyah Hospital of Yogyakarta, 2011

13. The Description Knowledge, Attitudes, and Behavior in Selection Father Complementary Feeding at Age 6 - 12 months in Working Area of Mergangsan Public Health Center, Yogyakarta, Indonesia
14. The Description of Patient's Preception to The Quality of Nursing Care in Ward of PKU Muhammadiyah Hospital Yogyakarta, Indonesia
15. The Differences of Healing Process between The Smearing of Propolis 5% and Pinneapple extract 0.8 gr/mL of Burn Healing on The White Rat (*Rattus Norvegicus*)
16. The Influence of Celery Leaf Extract toward Change of Blood Pressure of Elderly People with Hypertention at Ngampon Village Pakuncen Wirobrajan Yogyakarta,Indonesia
17. The Differences of Incission Wound Healing Time between Smear Extract Pulutan (*Urena Lobata* l) Leave Concentration 6.4% and Extract Green Tea (*Sencha L*) Leave Concentration 6.4 % in Gel on Black Mice
18. The Influence of Nurse's Knowledge and Attitude on The Implementation of Patient Safety Program at The Wards of PKU Muhammadiyah Bantul Hospital
19. The Experiences of Pioneers in Establishing and Developing the First Faculty of Nursing in Thailand: Preliminary Findings
20. Patient Safety and Infection Control Assessment of The PKU Muhammadiyah Hospital Hemodialysis Center: a Basis for Nursing Care Program, 2014
21. Managerial Control of The Hemodialysis Center from The Point of View of Hemodialysis Nurses, 2015
22. Continuing Competence of Practicing Nurses in Indonesia, 2015

23. Availability of Existing Personal Capacity as Perceived by Practicing Nurses in Indonesia, 2016
24. Perceptions' of Female Nurses in Indonesia on Factors Contributing to Continue their Competence, 2016
25. Perceptions of Indonesian Practicing Nurses towards Updating Capability to Provide Care: a Qualitative Study

14. Publication :

1. Arofiati, Rumila (2009), The relation between roles and attitudes of Nurses in Giving Informed Consent as Patient's law Protection at PKU Muhammadiyah Hospital, Yogyakarta, *Journal of Mutiara Medika*
2. Arofiati, Wulandari (2010), Efektifitas Terapi Kognitif terhadap Tingkat Kecemasan Pasien Gagal Ginjal yang Menjalani Hemodialisa di RS PKU Muhammadiyah Yogyakarta, *proceeding at One day Seminari: Palliative Care: Prospect, Role, and Challenges for Health Care Provider, Gadjah Mada University*
3. Arofiati, Permana (2010), The Effect of Listening Al Quran to The Level of Labor Pain First Stage Active Phase on Primipara in Mergangsan Primary Health Center Yogyakarta, *proceeding at National Seminar on Applied Science and Technology of Health: 1st ASTECH, University of Muhammadiyah, Surabaya*
4. Arofiati, Kusrini (2010), The Differences of Knowledge and Professionalism Attitude between Diploma and Bachelor Nurses in PKU Muhammadiyah Hospital, Yogyakarta, *oral presentation at first SEARAME International Conference and 5th Indonesian Scientific Medical Education Expo and Meeting, Jakarta*

5. The level of knowledge about nursing ethic code and health of law impact to the performance of nurses in providing nursing care plan, *Health Research Journal: Suara Forikes, Health Research Journal: Suara Forikes, volume II no. 2, pages 116-121, April 2011, ISSN 2086-3098*
6. The Differences of Healing Process between The Smearing of Propolis 5% and Green Tea 6.4 gr% of Burn Healing on The White Rat (*Rattus Norvegicus*), *International Nursing Conference: Current Nursing Care in Clinic and Community, Faculty of Nursing Airlangga University, Surabaya, Indonesia, 2011*
7. The Implementation of Universal Precaution by Nurses at PKU Muhammadiyah

Hospital of Yogyakarta, International Nursing Conference: Current Nursing Care in Clinic and Community, Faculty of Nursing Airlangga University, Surabaya, Indonesia, 2011
8. The Description Knowledge, Attitudes, and Behavior in Selection Father Complementary Feeding at Age 6 - 12 months in Working Area of Mergangsan Public Health Center, Yogyakarta, Indonesia, *1st International Nursing and Health Sciences Student Conference 2011: Current Issues and Evidence Based Practice: Translating Research into Best Practice in Nursing and Health Sciences Area, Nursing Study Program, Faculty of Medicine, Hasanuddin University, Makassar, Indonesia*
9. The Description of Patient's Preception to The Quality of Nursing Care in Ward of PKU Muhammadiyah Hospital Yogyakarta, Indonesia, *Journal of Hospital Management and Medicoethicolegal, Hospital Management Journal of University Muhammadiyah Yogyakarta, Indonesia, July, 2011, No. 1, vol. 1*
10. The Differences of Healing Process between The Smearing of Propolis 5% and Pinneapple extract 0.8 gr/mL of Burn Healing on The White Rat (*Rattus*

Norvegicus), *Jogja International Nursing Conference: Evidence Based Nursing Practice to Improve The Quality of Life, School of Nursing, Faculty of Medicine and Health Sciences, University of Muhammadiyah Yogyakarta, Indonesia, 2011*

11. The Influence of Celery Leaf Extract toward Change of Blood Pressure of Elderly People with Hypertention at Ngampon Village Pakuncen Wirobrajan Yogyakarta, Indonesia, *Jogja International Nursing Conference: Evidence Based Nursing Practice to Improve The Quality of Life, School of Nursing, Faculty of Medicine and Health Sciences, University of Muhammadiyah Yogyakarta, Indonesia, 2011*
12. *The Differences of Incision Wound Healing Time between Smear Extract Pulutan (Urena Lobata l) Leave Concentration 6.4% and Extract Green Tea (Sencha L) Leave Concentration 6.4 % in Gel on Black Mice, Jogja International Nursing Conference: Evidence Based Nursing Practice to Improve The Quality of Life, School of Nursing, Faculty of Medicine and Health Sciences, University of Muhammadiyah Yogyakarta, Indonesia, 2011*
13. Dissaster Management system: Indonesia's experiences, The 3rd AIC-HHC, Hanoi Vietnam (speaker) Hanoi, Vietnam 5-7 Desember 2011
14. *The Influence of Nurse's Knowledge and Attitude on The Implementation of Patient Safety Program at The Wards of PKU Muhammadiyah Bantul Hospital, International Conference: Interprofessional Partnership: Improvement for Global Health Outcomes, Chiang Mai Thailand, 5-7 September, 2012*
15. *Cultural Awareness: Indonesia Nursing Care Based On Islamic Religion, Thai Nurse Association Northeastern Division seminar (speaker), Ubonrachathani, Thailand, August 2013*

16. *Assessment of The PKU Muhammadiyah Yogyakarta Hospital Hemodialysis Center: A Basis for Nursing Care Program*, The 16 th EAFONS (East Asian Forum of Nursing Scholars) Bangkok, Thailand, 21-22 February, 2013

17. *The Experiences of Pioneers in Establishing and Developing the First Faculty of Nursing in Thailand: Preliminary Findings*, The 3rd Global Congress for Qualitative Health Research (poster presentation) Khon Kaen, Thailand, December 4-6, 2013

18. *Advanced Nursing Education In Early Detection*, Indonesia – Germany Conference on Cardiovascular and Cancer Care (SPEAKER) Yogyakarta Indonesia May 3rd – 4th, 2014

19. *Indonesia Nursing Education: Strategy And Planning Upon AEC 2015*, International Seminar & Workshop: Nursing Education & Practice; Challenge Toward Asean Economic Community 2015 & Indonesian National Health Insurance, Malang Indonesia, June 16-18, 2014

20. *Patient Safety and Infection Control Assessment of The PKU Muhammadiyah Hospital Hemodialysis Center: a Basis for Nursing Care Program*, 2014 (International Conference)

21. *Managerial Control of The Hemodialysis Center from The Point of View of Hemodialysis Nurses*, 2015

22. *Availability of Existing Personal Capacity as Perceived by Practicing Nurses in Indonesia*, 2016 (Asian Academic Society International Conference, Nachon Phanom, Thailand)

23. *Perceptions' of Female Nurses in Indonesia on Factors Contributing to Continue their Competence*, 2016 (Journal of Nursing and Research)

15. Workshop/Training/seminar:

Workshop/Training/Seminar	Place	Time
Singapore Volunteers Overseas Workshop on Nursing Preceptorship and Problem-Based Learning	University of Muhammadiyah, Yogyakarta	24 – 28 January 2005

CURRICULUM VITAE



Personal Details

Name : **Cau Kim Jiu**
Sex : Male
Date & Place of Birth : 21th May 1978, Semitau (Indonesia)
Occupation : Lecturer at School of Nursing
Science Muhammadiyah
Pontianak
Nationality : Indonesian

Telephone number : 0999611734 / +6281352525612

Address : Jalan Parit Haji Husin 2 Gang Hidayah No. 12 Pontianak-
West Borneo
Indonesia Post code 78124

Email : adi_stikep@yahoo.com

Education :

2. Diploma Degree from Nursing Academy of Muhammadiyah Pontianak, West Borneo Indonesia 1997 – 2000
3. Bachelor Degree from Faculty of Health Science Muhammadiyah University Pontianak, West Borneo Indonesia 2003-2005
4. Master Degree from Faculty of Nursing University of Indonesia, Jakarta 2008 – 2010
5. Ph. D Student in Faculty of Nursing Khon Kaen University Thailand

Work Experience :

- 3.2.9 Lecturer at the Nursing Academy of Muhammadiyah Pontianak 2001 – 2006
- 3.2.10 Lecturer at the School of Nursing Science Muhammadiyah Pontianak 2006 – 2017

Research Experience :

The effectiveness of health education using leaflet and flipchart to increase mother's knowledge to prevention of Acute Respiratory Infection disease to Infant at Public Health Center Sungai Raya Dalam 2005

The Relationship between the individual and the organization factors with the commitment of nurses in the organization of Dr. Soedarso Pontianak Local Public Hospital on 2010

Relationship pattern of mother care with behavior of children with special needs in Special Needs School Pontianak 2015

Training Program:

Workshop on qualitative data collection technique, organized by the Division of Research and Academic Service Affairs, Faculty of Nursing Khon Kaen University on 21th November 2015

CITI Program Training Social and Behavioral Research 2017

CURRICULUM VITAE



PERSONAL DATA

Name : Wisnu Sadhana, S.Kep., Ns.
Place/date of birth : Yogyakarta, 25 August 1983
Sex : Male
Marital Status : Married
Religion : Islam
Address : Jl.Kaliurang Km.7, Ngabean Kulon
RT.01/RW.34 No.164, Sinduharjo, Ngaglik, Sleman, Yogyakarta
55581

Education : Nursing School, Faculty of Medicine,
Muhammadiyah University Of Yogyakarta (BSN)
Nursing Departement, National Taipei University of Nursing and
Health Sciences (MSN)
Phone number : 081328710048
e-mail : wsn_15@yahoo.com
Height/weight : 174cm/83 kgs

FORMAL EDUCATIONS

Year	Education
1990 – 1995	Condongcatur Elementary School, Condongcatur, Depok, Sleman, DIY
1996 – 1998	SMP 5 Yogyakarta (Junior High School), DIY
1999 – 2001	SMU 2 (high school), DIY
2001 –2005	Nursing School, Faculty of Medicine, Muhammadiyah University of Yogyakarta (Bachelor Nursing)
2005 –2006	Ners Program (Co Assistant), Nursing School, Faculty of Medicine, MUY, Yogyakarta,RS PKU Muhammadiyah Yogya, Saras Husada Hospital, Dr Suroyo Physciatric hospital, Morangan Sleman Hospital, Wirosaban Hospital Yogya, Panti Asih Pakem, Panti Sosial Tresna

Werdha, Puskesmas Kasihan I Bantul, Puskesmas Tegalorejo and interest in Medical Surgical Nursing)

2012-2014 International Master of Nursing Science Program in National Taipei University of Nursing and Health Sciences, Taiwan (Scholarship from the Ministry of education Taiwan)

NONFORMAL EDUCATIONS (TRAINING)

Periode	Education
June 10 th to August 2 nd , 2005	Short Course in 17 th Level English Conversation, English Link, Yogyakarta.
August 22 nd to October 14 th 2005	Short Course in Post Intermediate 10 th Level, in Real English, Yogyakarta
September 5 th to 8 th , 2007	PPGD 119 Emergency Nursing training, Health Politechnical of Yogyakarta.
June 2 nd to 17 th , 2008	Electrocardiography training for nursing Basic, Panti Nugroho Hospital, Yogyakarta
October 14 th to 29 th , 2009	Electrocardiography training for nursing Advanced, Panti Nugroho Hospital, Yogyakarta
August 3 th to 7 th , 2010	Applied Approach, Yogyakarta State University
June 16 th to October 6 th 2011	260 hour program, "English For Academic purposes", Jakarta State University
August 8 th to 9 th 2011	Critical Thinking and Project Based Learning in Teaching of English to University Students, Jakarta State University

ORGANIZATIONAL AND WORKING EXPERIENCES

Organizer of OSIS SMU 2, year of 1999-2000

Member of Indonesia Independence Day, as a student Young soldier in Yogyakarta 2000

Organizer of HIMIKA MUY, year of 2002-2003

Organizer of HIMIKA Yogyakarta, year of 2002-2003

Organizer of IKM FK MUY, year of 2003-2004

Medical Team Of MUY in Bantul earthquake disasters emergency, 2006.

Clinical Practices, educational hospitals at DIY, Bantul, Sleman, Purworejo and Magelang, year of 2005-2006.

Volunteer of Disaster Response Team on Yogyakarta earthquake disaster as a nurse and community organizer (2006)

Nurse in PKU Muhammadiyah Yogyakarta September 2006 to November 2008.

Member of Disaster Response Team on Merapi Volcano Disaster in Muhammadiyah (PWM) and community organizer year of 2010.

Lecturer in Aisyiah Health Science College of Yogyakarta, in December 2008 - April 2014.

Organizer of Indonesian Student Muslim Forum in Taiwan (FORMIT) 2012-2014

Part-time employees and lecturer assistant in National Taipei University of Nursing and Health sciences October 2012 – 2014

Lecturer in Wira Husada Health Sciences College 2014 –April 2015

Lecturer in STIK Muhammadiyah Pontianak June 2015 - present

LANGUAGES

6. Javanese

7. Indonesia

8. Simple mandarin

9. English (active), with IELTS (Listening: 7,5, Writing :7,0, Speaking 6,5, Reading :7,0) **overall score 7,0** (test date 24th January 2016) and valid up to 2 year (24th January 2018).

SERTIFICATES/CHARTERS

Participant on National Nursing Seminar, " Universal Precaution ", HIMIKA FK MUY, Yogyakarta, December 17th , 2005.

Management on Regional Nursing Panel Discussion, " Implementasi Praktek Keperawatan Mandiri", HIMIKA FK MUY, May 9th , 2004 .

Participant on One day seminar, "Diabetes Menghadapi Bulan Ramadhan", RS PKU Muhammadiyah Yogya, Yogyakarta, September 16th , 2006.

Participant on Workshop and Seminar, "Wound Care Update : Perawatan Luka", PPNI Solo, Central Java, November 30th , 2006.

Participant on Nursing seminar Regional "Manajemen Resiko". HIMIKA FK MUY, Yogyakarta, February 18th , 2007.

Participant on PPGD Training, Emergency Medical Service (EMS), Poltekes Yogyakarta, September 5th to 8th , 2007.

ABSTRACT
NESTING AND PRONE POSITION TO INCREASE OXYGEN SATURATION IN PRETERM AT HOSPITAL X PONTIANAK CITY, INDONESIA

Tiara Amalia Mentari¹, Ramadhaniyati², Maria Fudji Hastuti³, Lilis Lestari⁴

1. Bachelor of Universitas Tanjungpura, Indonesia
2. Department of Pediatric Nursing. The Muhammadiyah Institute Of Nursing Pontianak, Indonesia
3. Universitas Tanjungpura Hospital, Indonesia
4. Department of Pediatric Nursing. The Muhammadiyah Institute Of Nursing Pontianak, Indonesia

Correspondent Author :

Tiara Amalia Mentari. Bachelor of Universitas Tanjungpura, Indonesia. Email:
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ABSTRAC

Background: Preterm have the potential to increase mortality by 65-75%. This occurs due to the immaturity of the organ system, especially breathing that results in decreased oxygen saturation in preterm. Interventions of nesting and prone positioning are aimed at increasing oxygen saturation in preterm.

Objective: To determine the effectiveness of nesting and prone position against oxygen saturation in preterm.

Method: Pre experimental quantitative research on 6 respondents with 1 pre group and post intervention without control group taken by purposive non probability sampling which was analyzed Paired T-Test with $p < 0,05$. Interventions were performed for 60 minutes with full observation recorded on the observation sheet at 0 minutes, 30 minutes and 60 minutes of intervention. The nesting intervention begins at 0 min intervention and prone position intervention begins at 30 minute intervention.

**MENGESAHKAN :**
Copy sesuai dengan aslinya
Wakil Ketua I
Bidang Akademik


LESTARI MAKMURIANA, S.Kep.Ns.,M.Pd.,M.Kep
NBM : 995092

Result: There is difference of oxygen saturation value before and after intervention of nesting and prone position ($p = 0,000$) ($p < 0,05$).

Conclusion: Nesting and prone position effective against oxygen saturation level in preterm at Hospital X Pontianak City, Indonesia

Keywords: Nesting, Prone, Preterm, Oxygen Saturation

Background:

Preterm is delivery with a gestational age of less than 37 weeks or less than 2500 g (WHO, 2012; Manuaba, 2007). Preterm is the highest cause of death in the neonatal. The rate of preterm in the world ranges from 5% to 18% of newborn. An estimated 15 million babies are born prematurely every year, more than 80% of preterm occur between 32-37 weeks of pregnancy. Indonesia is one of the nine most preterm with a percentage of $> 15\%$ in the world. WHO states that infant mortality is mostly caused by preterm with low birth weight (25-30%), (Depkes RI, 2008). The high infant mortality rate is still the main problem faced by Indonesia (WHO, 2012: Kemenkes RI, 2015, WHO, 2016).

Data from Health Profile of West Kalimantan Province (2016) number of neonatal mortality as much as 455 neonatal, 157 (34,5%) of them caused by BBLR. Pontianak is the capital of West Kalimantan Province which based on Health Profile data of West

Kalimantan Province in 2016 still has a high prevalence of death from BBLR that is 46.15%.

Low birth weight problems, especially in preterm due to immaturity of the organ system in the baby. Low birth weight babies have a tendency towards increased infection and susceptible to complications. Common problems of respiratory diseases, central nervous system, cardiovascular, haematological, gastrointestinal, renal and thermoregulatory disorders (Profil Kesehatan Indonesia, 2014).

Based on the results of a study conducted by Bayuningsih in 2011 revealed that prone and nesting positions proved to be effective can increase oxygen saturation in preterm. But prone intervention in bayuningsih research is only done for 20 minutes. This is not yet compatible with the physiological stabilization of preterm who take 30 minutes (Kassim et al., 2007; Yin et al., 2015).

The researcher is interested in conducting research on "nesting and

prone position to increase oxygen saturation in preterm at X Hospital, Pontianak City, Indonesia".

Method :

Quantitative research, using pre experimental design research, design with one group pretest-posttest design without control group. The one group pretest-posttest design without control

group approach uses a group of subjects, i.e pre-and post-treatment values in the intervention group.

With pretest or preliminary observation prior to intervention nesting and prone position, after intervention nesting and prone position, then re-done posttest or final observation (Hidayat, 2011). The research technique can be described as follows:

Table 1. A one-group pretest-posttest design without control group design

Pretest	Interventions	Posttest
Oxygen saturation, in preterm	Nesting and prone position	oxygen saturation in preterm

Population:

The population of this study was newborn with preterm condition that was treated in perinatology room X hospital Pontianak City, Indonesia.

the number of samples added by 1 respondent. So the number of samples used in this study amounted to 6 respondents (Dharma, 2015).

Sample:

The samples used were preterm who were treated in the perinatology room x hospital Pontianak City, Indonesia. Samples were taken in this study based on inclusion and exclusion criteria with standard deviation of 2,344.

Researchers anticipate the respondents drop out, then the number of respondents in plus by 20%. So get

Sample Criteria:

Inclusion Criteria

The inclusion criteria in this study in accordance with Notoatmojo (2012) are:

1. Preterm with parental consent
2. Preterm treated in the incubator
3. Gestational age \geq 28 weeks, baby BB > 1000 grams

Exclusion Criteria

The exclusion criteria in this study in accordance with Nursalam (2011) are:

1. Preterm with congenital abnormalities

2. Preterm with lung problems, severe respiratory function and nerve damage

3. Preterm who performed surgery

4. Preterm attached monitoring tools

5. Preterm with oxygen therapy who during the intervention had increased SaO2 to 100%

Result:

Table 4.2 Distribution of RR Normalities, Oxygen Saturation, Pulse and Temperature before, during and after intervention nesting and Prone Position.

Variabel	Hasil	Mean	Median	SD	Min-Max	P Value
Oxygen Saturation	Pretest <i>nesting</i>	94,17	94	0,753	93-95	0,212
	Pretest <i>prone</i>	95	95	0,894	94-96	0,167
	Posttest <i>nesting and prone</i>	96,50	96,50	1,049	95-98	0,820

From table 4.2, it is known that the normal oxygen saturation value distribution.

Table 4.3 Tailed Test Results Effectiveness Nesting and Prone Position

Variabel	Hasil	N	Mean	SD	p Value
Oxygen Saturation	Before <i>nesting</i>	6	94,17	0,753	0,004
	After <i>nesting</i>	6	95	0,894	
	After <i>nesting</i>	6	95	0,894	0,001
	After <i>prone</i>	6	96,50	1,049	
	Before <i>nesting</i>	6	94,17	0,753	0,000
	After <i>nesting dan prone</i>	6	96,50	1,049	

In Table 4.3 it is also found that the nesting and prone positioning interactions have an effect on the oxygen saturation value value which can be seen in three time. The effect of nesting intervention before and after 30 min intervention nesting with p value 0,004. The effect of prone position intervention from 30 minutes was nesting and after 30 minutes prone position with p value 0,001. Influence of intervention nesting and prone position with p value 0.000.

Discussion:

The results showed that there was an effectiveness of nesting and prone position on oxygen saturation in preterm. This can be seen from the increase of the average value of oxygen saturation of respondents before and after intervention nesting and prone position which increased from 94.17% to 96.50%. Paired T-test results show the influence of nesting intervention and prone position on oxygen saturation in preterm with p value 0.000. The results of this study are in line with research conducted Bayuningsih (2011) where nesting effect on oxygen saturation improvement. Prone position greatly influences oxygen saturation improvement, lung development, chest

wall development and decreased incidence of apnea in premature (Wilawan, et al., 2009). In this study, however, the results of the analysis were also affected by decreased oxygen saturation levels at 0 min intervention taken as pretest data because the infant had just been bathed and then increased 60 minutes later after the intervention. Research conducted by Abdeyazdan (2016) mentions that nesting is also effective for improving the quality of baby sleep, where adequate sleep is very important for the neonate because it affects the development of sensory systems, hippocampus structure, punch, brainstem, midbrain, motor system, limbic, learning , Long-term memory, thermoregulation, and appropriate responses to face changes, where it is known that the medulla oblongata is the center of lung regulation. In addition, good thermoregulation will increase the baby's oxygen saturation level. A good thermoregulation mechanism can support the achievement of NTE which is the temperature or environmental condition where the body temperature under normal conditions with caloric expenditure and minimal oxygen consumption (Tjipta, et al, 2011).

As a comparison, the researcher also conducted an analysis of the value

of recording done 3 times at 0 minutes, 30 minutes and 60 minutes to assess whether there is a significant difference in the value of the influence of separate nesting intervention, prone position intervention and the influence of the combination of both interventions. From the analysis results obtained that nesting alone can increase the average value of oxygen saturation of respondents at 0 minutes and 30 minutes of nesting intervention. The average oxygen saturation level of respondents at 0 minute nesting intervention was 94.17% and increased after 30 min of nesting intervention to 95%. Paired T test results showed the influence of nesting intervention on oxygen saturation level of respondents with p value 0,004.

The results of the analysis showed that the prone position itself was able to increase the average saturation value of the respondent's oxygen measured at 30 min of nesting intervention as pretest prone position data and 30 min intervention prone position as prone position posttest data. The mean oxygen saturation rate of pretest respondents to prone position intervention was 95% and the mean value of intervention after 30 min of prone position was 96.50%. The result of Paired T test shows the influence of prone position intervention

on oxygen saturation level of respondent with p value 0,001. So it can be concluded that the position of prone gives greater influence to the increase of oxygen saturation level of respondent compared with nesting intervention. The prone position in the baby is a very energy-saving proce, as this position will reduce heat loss compared to the supine position. This is because in the prone position, the baby's feet are flexed so as to decrease the body's metabolism consequently there is a decrease in the amount of heat loss (Hegner and Cadwel, 2003 in Bayuningsih, 2011). Research conducted by Idemmiaty (2011) shows that the position of prone increases lung volume characterized by increased oxygen saturation. According to research conducted by Kusumaningrum (2009) the oxygen saturation value in patients performed prone position is obtained within normal limits and this is related to respiratory physiology. Prone positioning will affect the perfusion of oxygen. The impact of oxygenation of the prone position on the alveolar inflation distribution will be more homogeneous. Increased density of pulmonary arterio is less than the decrease in posterior pulmonary density, which indicates that in the prone position there is greater

posterior emphasis. Pulmonary weight size will affect the intrapulmonary air distribution. This intrapulmonary air redistribution is related to hydrostatic pressure, so that in the prone position it is likely that the dependent lung area is a more minimal ventral area.

Conclusion:

This study has the following limitations are during the intervention of respondents using diapers so that the position of prone given in the study becomes not optimal where the baby's leg position cannot be stretched straight, intervention conducted in the study is given too early that sometime after the respondent was bathed, so physiological respondents have not been stable in adapting from exposure to temperature during infant process is bathed. This study also have limitation i.e little sample size (only six respondents), this is due to the small standard deviations from previous studies. It is hoped that the future researcher can use larger sample quantities and with control groups and conduct behaviors against oxygen saturation of premature infants at regular intervals.

Nesting and prone position are effective against oxygen saturation levels in preterm.

Conflict of Interests :

There is no conflict of interest in this study.

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About

The 2nd Borneo International Nursing Conference

The 2nd Borneo International Nursing Conference is the international conference that already done 4 years ago for The 1st Borneo International Nursing Conference. This conference showed about the research in nursing area. This conference also gives benefit to share knowledge and experiences between Indonesia and others countries. This conference is not only focus on presentations, but also relationship chances to do joint research or doing the further relation.

The 2nd Borneo International Conference have supported by Cebu Normal University, Phillipine, Khon Kaen University, Thailand and Guangzhou Chinese Medicine, China as the Co-Host. This conference will continue in every some years to develop the quality in nursing area and for improving the education, research and practice in nursing.