

ADAPTATION OF ADOLESCENCE AGAINST THEIR CANCER DIAGNOSIS

Ramadhaniyati¹, Surtikanti¹, Dessie Wanda², Happy Hayati³

1. Institute of Nursing Muhammadiyah, Pontianak
2. Faculty of Nursing, Indonesia University
3. Faculty of Nursing, Indonesia University

Adolescence is a transition period which has a different developmental process with childhood and adults period. Cancer diagnosis during adolescence can cause a variety of physical and psychological response. The purpose of this study is to explore the experience and adaptation mechanisms of adolescents who diagnosed with cancer. This study use a qualitative method this descriptive phenomenological approach, participants of this study consisted of seven adolescents with cancer. data is collected by in-depth interviews. Data is analyzed according to Collaizi's stage data analysis. The findings of this study include: response and physiological adaptation, response and adaptation of psychological, the grieving process, adolescence with cancer needs, social dimension, self concept dimension, dimensions of activity, as well as the hopes and efforts of adolescent cancer to heal. Recommendations of this study is aimed at pediatric nursing to help adolescent with cancer in use an adaptive strategy in dealing with cancer diagnosis and side effects of cancer therapy.

Keywords: Adolescence cancer, cancer diagnosis and side effects of cancer therapy, adaptation strategy